

SAVITRIBAI PHULE PUNE UNIVERSITY

BOARD OF SPORTS & PHYSICAL EDUCATION



Minimum Qualifying Standard

(For the year 2024-25)

Swimming

Men		Women	
Event	Qualify Standard	Event	Qualify Standard
50 mts Free Style	00:24.30	50 mts Free Style	00:28.97
100 mts Free Style	00:54.57	100 mts Free Style	01:04.46
200 mts Free Style	02:02.42	200 mts Free Style	02:22.41
400 mts Free Style	04:25.12	400 mts Free Style	05:01.34
800 mts Free Style	09:12.75	800 mts Free Style	10:20.98
1500 mts Free Style	18:08.52	1500 mts Free Style	20:24.56
50 mts Back Stroke	00:28.48	50 mts Back Stroke	00:34.63
100 mts Back Stroke	01:01.68	100 mts Back Stroke	01:17.25
200 mts Back Stroke	02:17.80	200 mts Back Stroke	02:48.06
50 mts Breast Stroke	00:30.22	50 mts Breast Stroke	00:38.48
100 mts Breast Stroke	01:08.33	100 mts Breast Stroke	01:26.52
200 mts Breast Stroke	02:34.13	200 mts Breast Stroke	03:08.38
50 mts Butterfly	00:26.12	50 mts Butterfly	00:31.55
100 mts Butterfly	00:58.11	100 mts Butterfly	01:13.73
200 mts Butterfly	02:16.37	200 mts Butterfly	03:10.87
200 mts Individual Medley	02:20.42	200 mts Individual Medley	02:51.18
400 mts Individual Medley	05:08.64	400 mts Individual Medley	06:18.12
4×100 mts Free Style Relay	3:47.78	4×100 mts Free Style Relay	04:58.07
4×200 mts Free Style Relay	08:36.90	4×200 mts Free Style Relay	11:05.73
4×100 mts Medley Relay	04:12.93	4×100 mts Medley Relay	05:44.65
4×100 mts Free Style Mixed Relay	04:04.75/04:42.93		

Diving

Men		Women	
Event	Qualify Standard	Event	Qualify Standard
High Board	147.95	High Board	55.35
Spring Board (3 mts)	149.35	Spring Board (3 mts)	137.2
Spring Board (1 mts)	148.10	Spring Board (1 mts)	131.00

Athletics

Event	Men (Q.S.)	Women (Q.S.)
100 mts.	10.93	12.27
200 mts	22.24	24.68
400 mts	49.07	55.70
800 mts	1:55.95	2:14.67



1500 mts	3:52.54	4:34.13
5000 mts	14:22.26	16:48.93
10000 mts	30:03.49	36:50.25
110 mts Hurdles	15.18	14.99
400 mts Hurdles	53.42	01:01.98
Long Jump	7.30 Mts	5.66 Mts
High Jump	2.00 Mts	1.65 Mts
Triple Jump	15.00 Mts	12.25 Mts
Pole Vault	4.40 Mts	3.30 Mts
Shot Put	17.02 Mts	13.26 Mts
Discuss	49.16 Mts	45.66 Mts
Javelin Throw	66.50 Mts	43.72 Mts
Hammer Throw	57.92 Mts	52.07 Mts
4×100 mts. Relay	41.57	48.21
4×400 mts. Relay	3:18.91	3:52.56
4×400 mts. Relay (Mixed)		3:33.53
Decathlon	5931	----
Heptathlon	----	4333
Half Marathon	1:10:24.29	1:18:15.00
20 km. Walk	1:36:59.18	1:44:19.00
3000 m. Steeplechase	9:03.80	11:04.13

Weight lifting: (Snatch + Clean & Jerk)

Weight Group	Men (Q.S.) Kgs.			Weight Group	Women (Q.S.) Kgs.		
	Snatch	Clean & Jerk	Total		Snatch	Clean & Jerk	Total
55 kg.	97	108	205	45 kg	55	74	129
61 kg.	107	134	241	49 kg	60	80	140
67 kg.	110	135	245	55 kg	64	79	143
73 kg.	113	146	259	59 kg	78	89	167
81 kg.	120	159	279	64 kg	70	86	156
89 kg.	129	155	284	71 kg	70	105	175
96 kg.	120	155	275	76 kg	72	87	159
102 kg.	115	154	269	81 kg	53	72	125
109 kg.	117	157	274	87 kg	65	85	150
+109 kg.	120	160	280	+87 kg	63	75	138

Best Physique

Shooting

Men (Weight Group)	Event
Up to 60 kg.	Air Pistol 10 Mts (Men & Women)
Up to 65 kg.	Air Rifle 10 Mts (Men & Women)
Up to 70 kg.	25 Mts Rapid Fire (Men)
Up to 75 kg.	25 Mts Sports Pistol (Women)
Up to 80 kg.	50 Mts 3 Position (Men)
Up to 85 kg.	50 Mts 3 Position (Women)
Up to 90 kg.	
+ 90 kg.	



Judo

Men (Weight Group)	Women (Weight Group)	Free Style (Men) (Weight Group)	Free Style (Women) (Weight Group)	Greco Roman (Men) (Weight Group)
56 to 60 kg.	44 to 48 kg.	Up to 57 kg.	Up to 50 kg.	Up to 55 kg.
60 to 66 kg.	48 to 52 kg.	61 kg.	53 kg.	60 kg.
66 to 73 kg.	52 to 57 kg.	65 kg.	55 kg.	63 kg.
73 to 81 kg.	57 to 63 kg.	70 kg.	57 kg.	67 kg.
81 to 90 kg.	63 to 70 kg.	74 kg.	59 kg.	72 kg.
90 to 100 kg.	70 to 78 kg.	79 kg.	62 kg.	77 kg.
Above 100 kg. Open	Above 78 kg. Open	86 kg.	65 kg.	82 kg.
		92 kg.	68 kg.	87 kg.
		97 kg.	72 kg.	97 kg.
		125 kg.	76 kg.	130 kg.

Wrestling

Boxing

Weight Group	Men	Weight Group	Women
Minimum weight	46-48Kg	Minimum Weight	45-48 Kg
Fly Weight	48-51 Kg	Light Fly Weight	48-50 Kg
Bantam Weight	51-54 Kg	Fly Weight	50-52 Kg
Feather Weight	54-57 Kg	Bantam Weight	52-54 Kg
Light Weight	57-60 Kg	Feather Weight	54-57 Kg
Light Welter-Weight	60-63.5 Kg	Light Weight	57-60 Kg
Welter-Weight	63.5-67 Kg	Light Welter Weight	60-63 Kg
Light Middle Weight	67-71 Kg	Welter Weight	63-66 Kg
Middle Weight	71-75 Kg	Light Middle Weight	66-70 Kg
Light Heavy Weight	75-80 Kg	Middle Weight	70-75 Kg
Cruiser Weight	80-86 Kg	Light Heavy Weight	75-81 Kg
Heavy Weight	86-92 Kg	Heavy Wight	+81 Kg
Super Heavy Weight	+92 Kg		



Minimum Qualifying Standard

(For the year 2024-25)

Power Lifting: (Squat+Bench Press+Dead Lift)

Weight Group	Men (Q.S.) Kgs.				Weight Group	Women (Q.S.) Kgs.			
	Squat	Bench	Dead Lift	Total		Squat	Bench	Dead Lift	Total
59 kg.	210	125	225	560	47 kg.	120	50	122.5	292.5
66 kg.	230	140	215	585	52 kg.	150	82.5	140	372.5
74 kg.	265	172.5	250	687.5	57 kg.	165	100	165	430
83 kg.	285	170	287.5	742.5	63 kg.	175	97.5	142.5	415
93 kg.	290	150	270	710	69 kg.	170	90	180	440
105 kg.	320	232.5	262.5	815	76 kg.	160	95	135	390
120 kg.	330	190	260	780	84 kg.	127.5	52.5	145	325
+120 kg.	292.5	150	250	692.5	+84 kg.	217.5	115	160	492.5

